



Year 1 Childhood

PSHE/RSE

We are learning about how to maintain healthy, with a focus on healthy eating and personal hygiene routines. We are developing our understanding of emotions by learning to recognise different feelings and exploring appropriate strategies for managing them effectively.



English

We will be learning to construct simple sentences using capital letters, appropriate spacing, and full stops. This will be achieved through the study of class texts, including *Lost in the Toy Museum* and *Little Bear Lost*. Activities will include writing posters and engaging in retellings of our class texts to reinforce these skills.

Maths

We will be developing our understanding of numbers up to 10. This will involve the use of number lines and the concepts of one more and one less as well as exploring number bonds to 10 to develop a deeper understanding of the relationships between numbers.

Science

We are learning about the human body, focusing on the identification and functions of various body parts. Additionally, we are exploring the five senses and learning how each sense is connected to specific parts of the body.



Music

We are developing our musical skills by using our bodies to maintain a steady beat and by singing familiar songs and rhymes to enhance rhythm, coordination, and vocal expression.



PE

Pupils will focus on developing fundamental skills, including coordination, balance, and movement. In addition, they will participate in structured yoga sessions led by a qualified external instructor.

Religious Education

We are learning about Christianity and its places of worship, with a focus on the key features of a church and the activities that take place within it.

History/Geography

We are examining the evolution of toys and games over time through an educational visit to Beamish Museum, where we will have the opportunity to explore and interact with historical toys.



Art and DT

We are developing our artistic skills by learning how to use a variety of tools to create different marks. As part of this, we are drawing self-portraits and exploring colour theory by mixing primary colours to produce secondary colours.



Computing

We are exploring the technology that surrounds us and their uses and purposes within daily use. We are also exploring the components of a computer and their functions.



Autumn Term