



Forest School Home Learning Pack: May Day Themed

We have been absolutely amazed with the requests of the previous packs and want to thank you for supporting Primary Forest School. We sent out over 1000 packs and have received lots of photos too. If you have received a previous pack, it's never too late to send your feedback into us. You can do this by emailing a member of the team, leaving a review on Facebook or messaging us on Facebook.

This time the pack is themed for May Day which was on Monday 1st May. May day traditions continue through the month and is recognised as a celebration for spring so we thought it would be fitting to focus on flowers for this pack. Inside the pack are ideas for you and your child(ren) during the lockdown period. We have generalised activities so that we offer all children the same regardless of age, you may find some activities are more suited to your child(ren) than others but all are worth a try!

May Day Home Learning Pack includes:

5 Classic Forest School Activities

3 English related Activities

3 Music related Activities

3 Health and Wellbeing activities

We will be frequently posting new ideas and information on our Facebook and website if you need more inspiration for activities. If you enjoy doing these activities please share your feedback and experiences with us - we'd love to hear from you.

Please stay safe during these activities and adult supervision is advised at all times. When picking flowers please do so responsibly and leave some behind for others to enjoy too!

We look forward to catching up with the children upon return to the school.






Sending Our Best Wishes from,
Ellen Blackwood and Primary Forest School Staff




EXPLORE LEARN GROW




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	Activities	Resources Required	Potential Risks	Impact
1. Recycled Planters 	Use an empty carton to make a planter. Help sheet included!	Empty carton, scissors, paints/pens, soil, seeds	Use of scissors and paints.	To re-use and transform containers into planters.
2. I Spy Colours 	Do this activity anywhere anytime! I spy with my little eye something of the colour.... Green, pink, blue, orange, purple, white and more!	Eyes, at least two people	Children no longer moaning about boredom or tired legs 😊	Children to use observational skills in a fun game.
3. May Day Crown 	To celebrate May Day and become royalty, make a may day crown using flowers and other pretty nature items.	Card, scissors, staples or tape, double sided sticky tape or glue	Contact with harmful plants, use of scissors	Children to enjoy celebrating spring and become a queen/king.
4. Nature Perfume 	Get creative with smells! Collect some flowers and make your own perfume. Use water as the base and see which mix creates the best aroma.	Mixing pots (empty yoghurt pots are great), flowers including petals, leaves and berries, water	Contact with harmful plants, reaction to skin - best to test on card (like they do in posh shops)	Children to experiment with smells and colours to create perfumes.
5. Flower Pressing 	Choose your favourite flowers. Help sheet included.	Flowers, Paper, books, tweezers, iron if wanted	Contact with harmful plants, use of iron (adult supervision necessary)	Children to create art and preserve nature

English	Activities	Resources Required	Potential Risks	Impact
<p>1. No Longer Nature...</p> 	<p>Collect different nature items and use your imagination to make them something else - maybe an acorn shell is a helmet, maybe a long leaf is a slide, your imagination is the limit with this activity!</p>	<p>Nature items, imagination, little toy figures are great to include too!</p>	<p>Contact with harmful items during collection.</p>	<p>Children to use imagination to re-create the role of natural items.</p>
<p>2. Phonics Flowers</p> 	<p>Draw a flower with the phonics sound in the middle. Option 1: have the words written on the petals and child has to find the right flower to match the sound. Option 2: See if the child can write 1 word on each petal matching the sound in the middle.</p>	<p>Paper, pencils/pens, Phonics sounds</p>	<p>-</p>	<p>Interactive method to engage young children in learning and writing phonics sounds.</p>
<p>3. When I Grow...</p> 	<p>Draw the middle of the flower and write your name and age. In each petal write an ambition. These could be a career, a new skill, a bucket list activity, qualities you'd like to have or anything you can think of and in the stem write 'when I grow...!'</p>	<p>Paper, pens, pencils</p>	<p>-</p>	<p>Children to reflect and write ambitions for the future. This is a great piece to put in a memory box and see if any of the petals become true!</p>

Music	Activities	Resources Required	Potential Risks	Impact
1. Woodland Windchime 	<p>Collect minimum 4 sticks with one slightly longer than the others. Paint them all in any pattern you like!</p> <p>Choose one stick to be the top horizontal stick. Cut one piece of sting and tie to each end. Then tie string to the end of all the other sticks and tie onto the horizontal stick. You could make sting different lengths too! If you tie the sticks close enough in the wind they will hit one another and make a colourful tune!</p>	<p>Sticks, string, scissors, paint</p>	<p>Use of sticks, use of scissors</p>	<p>Children to make a musical instrument from sticks!</p>
2. Grass Trumpet 	<p>Using a blade of grass between your thumbs can you turn it into a trumpet? If you need more help watch this video: https://youtu.be/WEUvjzWuNA</p>	<p>Hands, Blade of grass, Patience</p>	<p>Grass cuts (bit like a paper cut)</p>	<p>Children to make music from natural materials.</p>
3. Stone Shaker 	<p>Using recycled items like bottles or yoghurt pots can you make a shaker? Fill and secure with stones, nuts, pasta or rice. Decorate it using pens or paints too!</p>	<p>Recycled items, something to fill with, tape to secure, pens and paint to decorate.</p>	<p>Dropping or swallowing shaker filler.</p>	<p>Children to make a musical shaker from recycled and natural items.</p>

Health and Wellbeing	Activities	Resources Required	Potential Risks	Impact
<p>1. Dandelion Wish/ Daisy Chain</p> 	<p>When you're getting your daily exercise why not stop to make a wish with a dandelion or make a daisy chain.</p>	<p>Dandelions and Daisies</p>	<p>Contact with harmful plants</p>	<p>Children to use nature to help mental health.</p>
<p>2. May Day Dance</p> 	<p>Traditional May Day dance includes Morris Dancing. This type of dance uses handkerchiefs or small sticks. Can you make a routine to music?</p>	<p>Handkerchiefs, Small sticks, small amount of space</p>	<p>Use of sticks, Obstacles/ hazards in space</p>	<p>Children to get active while participating in a traditional activity.</p>
<p>3. Flower Sun Catcher</p> 	<p>Cut the middle from the plate, cover the hole with sticky back plastic or strips of tape. Using petals or tissue paper create a pattern and cover with another layer of plastic or tape if needed. Hang up in your window and enjoy!</p>	<p>Paper plate or card, scissors, sticky back plastic or cello tape, petals or tissue paper.</p>	<p>Use of scissors, contact with harmful plants</p>	<p>Children to create art to resemble peace and hang in window to catch sun.</p>

Recycled Planters



1. Find an empty carton. On the back of the carton measure approximately 1cm from the edge. Using the scissors cut out the area.



2. Once cut, paint the base colour of your choice. Best to use acrylic paint. For this we used black chalkboard paint which proved very effective. You may need to apply a couple of layers and make sure you cover all areas for a finished look.



3. Paint a design or pattern on your carton. We used paint pens for our design.



4. Fill the carton with soil and choose your seeds to plant. These recycled planters are great for herbs like chives, basil or cress. You could also try small fruits like strawberries.



5. Write what you plant on the front with the lid facing down. Water regularly and leave on a sunny windowsill. If you ever over-water you can drain by opening the lid. Wait and watch your plants grow!

Flower Pressing

1. Choose your favourite flower and place them between two pieces of paper, you can do multiple flowers but make sure they aren't touching.
2. To speed up the process, before putting in the book, use the iron on a very low setting to warm the flowers, this makes them more pliable and flatten quicker.
3. Place them between the pages of a book without disturbing the arrangement as you close the book. Depending on the size you may need to use more books on top as a weight.
4. Leave for a minimum of an hour. For completely dried flowers leave up to two weeks, changing the paper every few days and use tweezers to remove as the dried flower is very delicate.
5. Frame it, save it, show it!

1 Close book around flower(s) & paper



2 Weigh down book



3 Use tweezers to remove

