

# Mutual aid and community support – North Durham

Category	Offer	Date and time	Contact
<b>Catchgate and Annfield Plain</b> <b>Isolation support</b> 23, Front Street, Annfield Plain, Stanley DH9 7SY	<b>Isolation support</b> If you need support with tasks such as shopping, collecting prescriptions, receiving a friendly call or someone to check you are ok there are volunteers to support you.	Coronavirus period	Text HELP to 07564 044 509 or email <a href="mailto:capis2020@yahoo.com">capis2020@yahoo.com</a>
<b>PACT house Stanley</b> 39 Front St, Stanley DH9 0JE	<b>Isolation support</b> If you need support with tasks such as shopping, collecting prescriptions, receiving a friendly call or someone to check you are ok. There are volunteers to support you.	Coronavirus period	Telephone: 07720 650 533
<b>Pact House,</b> 39 Front Street, Stanley County Durham, DH9 0JE.	<b>Home delivery meal and Foodbank support</b>  Home Meal delivery for Elderly, Vulnerable and people self-isolating, Open access Foodbank running Monday-Friday 10am-4pm, Saturday 11.30am-1.30pm at Stanley Civic hall,	Coronavirus period	Telephone: 07720 650 533 Email: <a href="mailto:pacthousestanley@outlook.com">pacthousestanley@outlook.com</a> or message on Facebook <a href="https://www.facebook.com/PACTHouseStanley/">https://www.facebook.com/PACTHouseStanley/</a>
<b>The Fulforth Centre,</b> Front Street, Sacriston, Durham DH7 6JT.	<b>Covid19 Meal support</b>  Sacriston Parish Council and The Fulforth Centre will help supply meals to the most vulnerable.	Every Wednesday and Friday between 1-2pm. Coronavirus period	Telephone 0191 3710601 and leave a message email <a href="mailto:thefulforthcentre@gmail.com">thefulforthcentre@gmail.com</a> Or contact them through their Facebook page <a href="https://www.facebook.com/fulforthcentre/">https://www.facebook.com/fulforthcentre/</a>

Mutual Aid Covid-19 is a list of local support groups that have been established during the coronavirus (COVID-19) pandemic. To find a local group visit <https://www.mutual-aid.co.uk/>

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	All meals will be prepared and cooked within The Fulforth Centre by cooks with relevant Food Hygiene certification. Meals will be supplied two days per week - Wednesday and Friday, commencing Wednesday 8 April. Meals will be available between 1pm and 2pm and can be collected from the kitchen door situated at the car park side of the building.		
<b>Sacriston Community Workshops</b> Old Co-op Buildings Plawsworth Road Sacriston Durham DH76PB	<b>Isolation support</b> Help for those who are unable to leave their home. Taking names, addresses and needs. Also seeking: <ul style="list-style-type: none"> <li>• donations of non-perishable foods, hygiene products and cleaning products.</li> <li>• drivers to deliver care packages, run errands and collect donations</li> <li>• volunteer cooks</li> <li>• leaflet drop to keep everyone informed</li> <li>• help to ready the hub at the old Police Station.</li> </ul>	Coronavirus period	Telephone: 07709 895 493 Email: <a href="mailto:enquiries@sacristonenterpriseworkshops.co.uk">enquiries@sacristonenterpriseworkshops.co.uk</a>

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<b>Healthy Meal Collection</b> Nettlesworth Community Centre Front Street Chester-Le-Street DH2 3PN	<b>Healthy meal support</b>  Healthy meal collection. Meals will be chilled or frozen.	1pm - 2pm every Tuesday and Thursday. Starts Thursday 2nd April.	Telephone: 0775 7238 257 Email: <a href="mailto:enquiries@nettlesworthcommunitycentre.co.uk">enquiries@nettlesworthcommunitycentre.co.uk</a>
<b>St Johns Church and Hall</b> Shotley, Snods Edge, Consett, Co Durham DH8 9TJ	<b>Mutual Aid Covid-19 support group</b>	Coronavirus Period	Contact Facebook page at <a href="https://www.facebook.com/StJohnsSnodsEdge/">https://www.facebook.com/StJohnsSnodsEdge/</a> or email <a href="http://www.shotleystjohn.org.uk">www.shotleystjohn.org.uk</a>
<b>Glenroyd House,</b> <b>Medomsley Road,</b> <b>Consett.</b> <b>DH8 5HL.</b>	<b>Foodbank and Telephone support</b>  We are offering delivery of food parcels and personal hygiene supplies such as sanitary products, shower gels, deodorants etc to those directly affected by the COVID -19 situation. We are also collecting and delivering medications as well as offering a “keep in touch” telephone support to those who are lonely and would like	Coronavirus period	Tel: 01207 297349  Mob: 07410 590042  Mob: 07772 679339  Email: <a href="mailto:info@glenroydhouse.org.uk">info@glenroydhouse.org.uk</a>  <a href="mailto:sharon@glenroydhouse.org.uk">sharon@glenroydhouse.org.uk</a>  <a href="mailto:mark@glenroydhouse.org.uk">mark@glenroydhouse.org.uk</a>

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	to have a friendly chat to someone who can keep in touch with them.		
<b>The Umbrella community Centre,</b> Derwent Centre, Victoria road, Consett, County Durham. DH8 5SD	<b>Emergency food support</b>  Community FRIDGE -Limited food available.  Community meal delivery	Coronavirus period	In emergency ring 07539643904
<b>Waterhouses Coronavirus Volunteer Isolation Help</b> Waterhouses village hall, Waterhouses.	<b>Volunteer support</b>  Volunteer support for anyone who is self-isolating within the local community. Can support with shopping, collecting prescriptions and posting items among other support.	Coronavirus period	0191 373 9113 or contact on Facebook <a href="https://www.facebook.com/groups/624513904996556">https://www.facebook.com/groups/624513904996556</a>
<b>Burnhope village support group</b>	We are the Burnhope Village Support Group - friendly people who all live in Burnhope and want to help people in our village. If you are self-isolating due to COVID-19, we can help with: Picking up / dropping off shopping A friendly phone call Posting mail Urgent supplies Prescriptions Dog walking / pet services We can provide also provide help with food / toiletries / books & magazines / jigsaws etc.	Coronavirus period	Contact Cindy & Dave on 07749 756364 or 01297 775069. Julie Williams on 07949 622205 or 01207 528609 or message through Facebook on <a href="https://www.facebook.com/groups/573343063268228/about/">https://www.facebook.com/groups/573343063268228/about/</a>

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<b>County Durham Covid-19 Mutual Aid Group</b>	<p><b>Mutual Aid Covid-19 support group</b> A growing group of volunteers based all over County Durham to help vulnerable/at risk people and those isolating during the coronavirus</p> <p>Help with:</p> <ul style="list-style-type: none"> <li>• Shopping</li> <li>• Collecting prescriptions</li> <li>• Walking dogs</li> <li>• Posting letters</li> <li>• Providing emotional support over the phone</li> <li>• Providing advice on a variety of topics.</li> </ul>	Monday to Sunday 7.00am-9.00pm	Telephone David 0191 6498893 Email: Durhamcovid19mutualaid@gmail.com
<p><b>Bearpark Parish Council - Volunteering Scheme</b> Bearpark Parish Council, Bearpark, County Durham, DH7 7AG</p>	<p><b>Neighbor volunteer scheme</b> The volunteers can offer assistance to those most 'at risk' with the following:</p> <ul style="list-style-type: none"> <li>▪Shopping for vulnerable people</li> <li>▪Dog walking</li> <li>▪Delivering a newspaper</li> </ul>	Coronavirus period	Telephone: 07900 702 359 email <a href="mailto:bearparkpc@live.com">bearparkpc@live.com</a> or contact via Facebook <a href="https://www.facebook.com/bearparkpc">https://www.facebook.com/bearparkpc</a>
<b>Lanchester Partnership and Churches together COVID-19 support.</b>	<p><b>Self-isolating support</b> Support to pick up shopping or prescriptions, friendly phone call and</p>	Coronavirus period	07925 130310

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	someone to talk to and getting urgent supplies to you.		
<b>Food Parcels and Childcare</b> Selby Cottage Childcare Centre, The Close East South Pelaw Chester-Le-Street DH2 2EY	<b>Food Parcels</b> Food parcels for the families of South Pelaw – those in need, self-isolating and families with little/no support, critical workers families that have to work and little time to shop. Open to provide emergency childcare for all critical workers and are planning to be open as usual over Easter. Food will be available to collect or delivered over the whole Easter holidays.	Easter Holiday Period	Telephone /Kathleen Lowery – Childcare Manager on 03000 264 095 Email: <a href="https://www.durham.gov.uk/article/3654/Selby-Cottage-Childcare-Centre">https://www.durham.gov.uk/article/3654/Selby-Cottage-Childcare-Centre</a> or <a href="https://www.facebook.com/groups/1256881577684782/">https://www.facebook.com/groups/1256881577684782/</a>
<b>Refuse Durham</b> 143b Front Street, Chester-Le-Street, DH3 3AU	<b>Emergency food supplies</b> We are continuing to collect food surplus from food retailers and the hospitality industry, packing it up into boxes and bags which are then delivered as food supplies to a range of people who will otherwise struggle to keep themselves fed during the crisis.	Coronavirus Period	Contact: jenny@refusedurham.org.uk or call 07561 765264.
<b>Chester le street Covid-19 Mutual Aid</b>	<b>Facebook support group</b>	Coronavirus period	Contact through Facebook on <a href="https://www.facebook.com/groups/3802205313152978/about/">https://www.facebook.com/groups/3802205313152978/about/</a>

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